



Vilas County Public Health Department

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FOR IMMEDIATE RELEASE

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VILAS COUNTY PUBLIC HEALTH DEPARTMENT SERVES COMMUNITY WITH FLU AND PNEUMONIA VACCINES

It's that time of year again for the Vilas County Public Health Department nurses to come to your community to administer seasonal influenza shots. This year the cost for the seasonal flu shots will be just \$25.00. The Public Health Department will bill Medicare Part B, Medicaid and some Medicare replacements. As you complete a short patient form, you can get expert flu-prevention advice from one of the experienced, trained nurses on the professional staff of the Public Health Department.

Everyone 6 months of age and older should get vaccinated against the flu. People at high risk of serious flu complications include young children, pregnant women, people with chronic health conditions like asthma, diabetes or heart and lung disease and people 65 years and older.

The flu shot clinic schedule is as follows:

Oct. 2 – Tuesday	9:00am-10:00am	Presque Isle Community Center
	11:00am-12:00am	Winchester Library- Community Room
	2:00pm-3:00pm	Manitowish Waters Community Center
Oct. 4 – Thursday	9:00am-10:30am	St Germain Community Center
	1:00pm-2:30pm	Boulder Junction Community Center
Oct. 10 – Wednesday	9:00am-10:00am	Phelps School
	11:00am-1:00pm	Kalmar Senior Center
	2:00pm-3:00pm	Shepherd of the Lakes Church- Sayner
Oct. 11 – Thursday	1:00pm-2:00pm	Conover Community Center

Oct. 12 – Friday	9:00am- 10:00am	Land O Lakes Fire Barn
Oct. 18 - Thursday	9:00am – 10:00am	Arbor Vitae Community Center
	12:30pm-1:30pm	Lac du Flambeau Town Hall
Oct. 23- Tuesday	9:00am-12:00pm	Public Health Dept/ Courthouse Building
	1:00pm-4:00pm	Public Health Dept/ Courthouse Building Eagle River

Any clinic cancellations will be announced on the radio.

Please take the following precautions to protect your health: Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.

- 1) Wash your hands often with soap and water, especially after you cough or sneeze. Alcohol-based hand cleaners are also effective.
- 2) Avoid touching your eyes, nose or mouth. Germs can spread this way.
- 3) Try to avoid close contact with sick people.
- 4) Stay home if you are sick until at least 24 hours after you no longer have a fever (100°F or 37.8°C or signs of a fever (without the use of a fever-reducing medicine).
- 5) Follow public health advice regarding school closures, avoiding crowds and other social distancing measures.

Pneumonia shots are available for individuals 65 years of age and older. There are some restrictions. Please call us for more information.

Please feel free to contact the Vilas County Public Health Department at 715-479-3656 with any questions regarding the flu shot clinics.

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